



NUTRITION IN ONCOLOGY PATIENTS

April 12-13, 2019

ISTANBUL AYDIN UNIVERSITY - HALIT AYDIN CAMPUS

April 12, 2019-Friday

- 11.00-13.00 Registration
- 13.00-13.30 Opening Session
- 13.30-14.40 **Assesment of the Nutritional Status of a Cancer Patient**
- Selective parameters of nutritional status in case of oncology patients - a pilot study
Malgorzata KOLPA (Vice Rector, Prof, Nurse, PWZSTAR) & Edyta BARNAS (Assoc Prof, Nurse, PWZSTAR)
- Inflammation and cancer: physiopathology of appetite change
Michela ZANETTI (Prof, MD PhD, Trieste University)
- Basics of weight loss: what should we know?
Indrani KALKAN (PhD, Dietitian, Istanbul Aydin University)
- Cancer cachexia: medical management
Meral GUNALDI (Assoc Prof, MD, Istanbul Aydin University)
- 14.40-15.00 Coffee Break
- 15.00-16.30 **Interactions of Nutrition and Cancer**
- Importance of malnutrition in cancer patient prognosis
Bülent SAKA (Prof, MD, Istanbul University)
- Metabolic problems in nutrition: implications for daily care
Gianfranco SANSON (Prof, RN, Trieste University)
- Nursing the symptoms related to cancer-associated malnutrition
Vildan KOCATEPE (Msc, Nurse, Acibadem University)
- Interaction between anticancer drugs and the intestinal Microbiota
Gabriele STOCCO (Prof, Pharmacologist, Trieste University)

April 13, 2019-Saturday

- 09.30-10.40 **Nutrition to Improve Patient Outcomes**
- Role of the nurse in nutrition of difficult cancer patients
Sevil OZCAN (MSc, Nurse, Istanbul University)
- Challenges of nutritional assessment in geriatric cancer patients
Sultan KAV (Prof, Nurse, Baskent University)
- Managing fatigue during cancer therapy: drugs versus nutrition and exercise
Gülbeyaz CAN (Prof, Nurse, Istanbul University- Cerrahpasa)
- 10.40-11.00 Coffee Break

April 13, 2019-Saturday

- 11.00-12.30 **Nutrition in Advanced Cancer Patients**
- Ethical issues and challenges in nutrition of advanced cancer patients
Hilal OZKAYA (MD, Istanbul Haydarpaşa Numune Training and Research Hospital)
- Methods of nutrition in advanced cancer patients
Irem GUNDOGAN (Dietitian, Medical Park Florya Hospital)
- Role of dietary counseling in head and neck cancer patients
Serap ANDAC OZTURK (PhD, Dietitian, Istanbul Aydin University)
- 12.30-14.00 Lunch
- 14.00-15.30 **Immune Modulation in Advanced Medical Nutrition**
- Managing catabolic drive: the role of anticancer treatments and anti-inflammatory agents
Timucin ÇİL (Prof, MD, Adana City Hospital)
- Medical Nutrition Treatment in Oncology Patients
Turkan OZTURK TOPCU (Assoc Prof, MD, Yeniüyüyl University)
- Role of immune modulation in advanced medical nutrition
Mehmet UYAR (Prof, MD, Ege University)
- 15.30-15.50 Coffee Break
- 15.50-17.00 **Prevention of Cancer and Survivorship by Nutrition**
- Nutritional advices to cancer survivors
Müge ARSLAN (PhD, Dietitian, Bahcesehir University)
- Traditional Mediterranean diet and cancer risk
Ege RAMADANOĞLU (Dietitian, Medical Park Florya Hospital)
- Phytochemicals: effective in reducing cancer risk?
Dilsat BAS, (Msc, Dietitian, Acibadem University)
- 17.00 Closing

